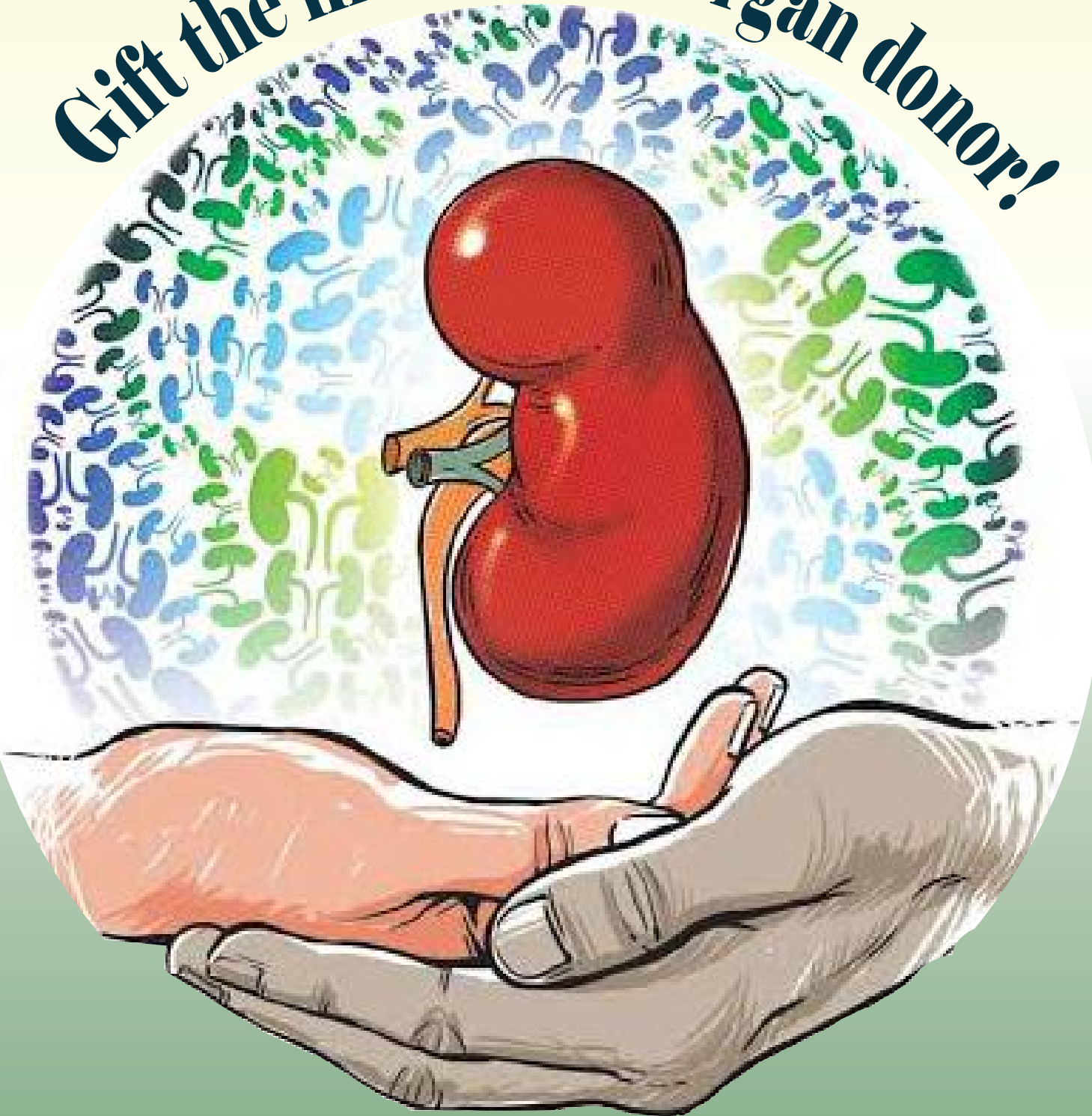




AIAMSWP

Newsletter January 2019 Vol. 1

Gift the life... be an organ donor!



All India Association of Medical Social Work Professionals

Message from General Secretary



Dear Friends,
Greetings from All India Association of Medical Social Work Professionals (AIAMSWP).

You are reading the first edition of AIAMSWP's Newsletter. In order to keep our members and social work professionals informed about our activities, we decided to bring out a newsletter once a year. It is also a good way to stay in touch with our colleagues as well as senior social work professionals. I'm sure you'll be excited to know about all the wonderful activities happening in the Association. Very soon, we hope to hear from you also and will welcome your feedback! If you have any questions, suggestions, or concerns, please address them to the editor, AIAMSWP Newsletter at newsletter.aiamswp@gmail.com

I am pleased to inform you all that AIAMSWP is going to take out two publications, one in the form of E-Journal of AIAMSWP with The name "Indian Journal of Health Social Work" which will be published in January 2019 itself, with Dr. Narendra Kumar Singh, C. I. P, Ranchi, as its first Chief Editor. This Journal is an open access half yearly e-journal which will provide a platform to share information among Social Work Practitioners/ Professionals. This Journal will also create an opportunity for the Social Work Professionals to enhance their knowledge and skills for better social work practices in health care.

Another publication that we have come up with is AIAMSWP's own newsletter. The first Editor of this newsletter is Sh. Sanjay Bhonge from FWTRC, Mumbai.

All India Association of Medical Social Work Professionals, formed at the national level is dedicated for the promotion of standards and enhancement of the status of Medical Social Work Professionals in India by organizing conferences, seminar and many other professional activities. It is very gratifying to see such efforts to promote its stated objectives.

I am looking forward to be a part of the 6th Annual National Conference of AIAMSWP, being held at the Jawaharlal Institute of Postgraduate Medical Education & Research (JIPMER), Puducherry on 4-5th January 2019. Theme for this year is "GI Disorder and Transplant- Medical Social Work Perspectives and Challenges". My humble request to all of you to attend the conference and do not miss the exciting scientific sessions. AIAMSWP-2019 Puducherry will offer us all the opportunity to connect with our colleagues and friends and share our ideas with Health Social Work Professionals from across the country. I take this opportunity to extend my felicitations to all participants of the National Conference. I am quite certain that under the dynamic leadership of Ms. R Sridhyha and Dr. Biju Pottakkat this programme for the Social Work Professionals and other interested Health/Mental Health professionals will be a great success.

Lastly, I wish to thank all Executive members of our Council, Office bearers and members of Committees for their unfailing support and efforts. My gratitude also goes to all Joint Secretaries/ Zonal Secretaries who have contributed their time and expertise generously for AIAMSWP.

Long live All India Association of Medical Social Work Professionals!

Om Prakash Giri
Dr. Om Prakash Giri
General Secretary

Presidents Message



Dear Friends,
Happy New Year to all!

At the onset I would like to extend my hearty Congratulations to my team members in executive committee and the Editorial board for starting such wonderful AIAMSWP Newsletter.

The association has grown at great extent in last 10 years. But we were not having any platform to share the activities with the various stake holders. Now with the efforts of all team members that have made it possible to start this newsletter to share the activities of the association with the members. It will boost the growth of the organization and help us to reach to the unreached areas and institution.

The documentation of the activities in the form of newsletter will be great resource for future references.

I hope that every one who is having affinity with the association will contribute to make the newsletter more effective way of communication.

With warm wishes!

Ms. Rashmi Sharma
President
AIAMSWP, New Delhi

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From Editor's desk....

Greeting from the editorial team of the NEWSLETTER!

It is great pleasure to present you the first Newsletter of the All India Association of Medical Social work Professionals.

All of you are aware that way back in 2009 the Social Work Professionals working in Healthcare started this association with the vision and goal overall growth of the Social Work Profession. The objective of the association has well defined and all the members are working hard to achieve them.

In the upcoming year 2019 the association is completing 10 years of inception. A decade has passed. The retrospection reveals that there were so many difficulties in reaching the widespread community of Medical Social Work professionals. Yet the consistent efforts of the governing body and dedication of all the members made it possible for us to pan India. Now we have members from all corners of the country from East to West and North to South.

Along with the increasing numbers the association activities are also increasing year by year. This year we are participating in 6th Annual National conference of our association at Puducherry. The members and zonal secretaries are also organizing various activities on the occasion of World Social Work day and other important day every year.

Hence it is right time for the association to introduce a new platform to the members in the form of "Newsletter". Through this newsletter, the association will be to communicate the activities to the policy makers, academicians, institutions, advocates of the Social Work profession and social work students of the country.

This newsletter will be published in digital and print format. It is proposed to include one cover story on concurrent issues along with the news of the various activities organized by association and social work professionals working all over India under the banner of the Association. This platform also welcomes the experience sharing from the Medical Social Work Professionals which will give new insight to others while performing their duties. We will also welcome letters to the editor for the Newsletter.

So friend, the time has come, to move forward and enhance our activities for the development growth of the social work profession. It will be our pleasure if you could contribute to this newsletter by sharing information of your activities and experiences. This is first edition of the Newsletter of AIAMSWP.

We hope that, you will like the newsletter..

Happy New Year!!



Mr. Sanjay Bhonge
Editor

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GI DISORDER AND ORGAN DONATION: CAUSES, IMPORTANCE AND NEED OF THE HOUR

**Miss Nishtha Mishra, Ph.D. Scholar in Social Work,
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Lifestyle diseases are increasing with an alarming rate worldwide. Lifestyle diseases can be defined as the diseases which are linked with the way people live their life. These diseases are commonly caused due to lack of physical activity, unhealthy eating habits and due to substance abuse like alcohol, drug and smoking. Lifestyle diseases include heart disease, stroke, depression, obesity, diabetes, Alzheimer's disease, arthritis, asthma, cancer, chronic liver disease or cirrhosis, chronic renal failure, chronic obstructive pulmonary diseases (World Health Organisation). These lifestyle diseases are Non-communicable diseases (NCDs) which kill around 40 million people each year, globally (WHO, 2017). These diseases are chronic in nature and cannot be communicated from one person to another. They are the result of combination of various factors including genetics, physiology, environment and behaviour.

The causes of gastrointestinal disorders are multiple. Sometimes a digestive disorder is restricted to the digestive system and sometimes it is a symptom of a wider systemic problem.

Recently, the incidence of gastrointestinal disorder as an effect of lifestyle has risen ever before in the history. The changes in the lifestyle and are viewed as the crucial reason for the occurrence of co-existing diseases. Gastrointestinal disorders are multiple. Sometimes a digestive disorder is restricted to the digestive system and sometimes it is a symptom of a wider systemic problem. Gastrointestinal disorders include conditions such as constipation, irritable bowel syndrome, haemorrhoids, anal fissures, perianal abscesses, anal fistulas, colitis, cancer etc. many of these can be prevented or lessened by maintaining a healthy lifestyle, practicing good bowel habits and by submitting to cancer screening (International Foundation for Gastrointestinal Disorders, 2017).

organ failure diseases and of lifestyle can be observed easily. risen ever before in the history. occurrence of co-existing diseases the same. The causes of Sometimes a digestive disorder is sometimes it is a symptom of a wider systemic problem.

If we look into the statistics available on organ failure diseases, approximately 5 lakh people in India die each year. There is a vast gap in the need and availability of the organs. The depressing statistics convey the urgent need for addressing the need of organ availability for saving the lives of people suffering from end stage organ failure diseases.

It is important to know why India need organs. Indian Transplant Registry reported that 5 Lakh people in India die due to non – availability of organ. One lakh people die due to liver failure where as out of them only 1000 gets a liver transplant. Whereas on the other hand, two lakh, twenty thousand people waits for Kidney transplant and only fifteen thousand get a kidney transplant done. Other than kidney and liver organ failure, the statistics of organ failure is also shocking. Ten lakh people in India need corneal transplant, fifty thousand people are waiting for heart transplant and nearly 20,000 people are waiting for lung transplant.

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In order to meet the demand for organs and to abolish the human organ trafficking, we need to promote cadaver (Deceased) organ donation. Cadaver organ can get through brain death person. Brain death refers to the irreversible end of all the activities of brain. It happens due to head injury or bleeding in the brain due to stroke. Brian

Ten lakh people in India need corneal transplant, fifty thousand people are waiting for heart transplant and nearly 20,000 people are waiting for lung transplant.

dead patients are kept on ventilators for providing an artificial life support to the organs. This artificial support helped the organs of the deceased remain oxygenated until they are harvested into another body. One deceased organ donor can save the lives of eight people by donating, heart, liver, kidneys, lungs, pancreas and small intestine. It may also help in saving the lives of total 50 people at a time by donating tissue such as corneas, skin, veins, heart valves, tendons, ligaments and bones. The organ transplantation gives a new life to all those who lost hope in their lives due to end stage chronic organ failure illness. Committing to be an organ donor is a generous decision.

Organ donation can also be done while being alive. This phenomenon is called living organ donation which can be done by any person above 18 years of age. Some medical conditions including psychiatric illness, high blood pressure, cancer, HIV, diabetes and other acute infections avert the person from living organ donation. The living organ donation can be done by "near relatives" or by "non-related" person. In case of non-related donation, the person has to take permission of "Authorisation Committee" established by the Government to donate his/her organ. The most common organ donated by a healthy living donor is liver and kidneys (UNOS, 2017 & Government of India, Ministry of Law, 1995). So, the need of the hour is to consciously think about gifting life to someone. In the last, a food for thought from these lines:

Today I learnt your heart, no longer beats for another. Such a strange feeling, sad in different way. Organ donation is such a gift. Just imagine this gift, if it only lasted for year or two. Would a year of life matter to you? No gift is harder to give, yet brings you an inner peace. To give a peace for your loved ones, is a gift of love that is hard to understand, until you've been face to face with a decision which you have never dreamed of making. A true gift of love...

"This is the time to inspire, this is the time to think,
This is the time to accomplish, this is the time to love,
This is the time to care, this is the time to gift life".
Gift the life... be an organ donor!

AIAMSWP Launching Indian Journal of Health Social Work (IJHSW)

All India Association of Medical Social Work Professionals is starting Research Journal to give a platform to the social work practitioners and researchers. The name of the Journal is "Indian Journal of Health Social Work". The first issue of which will be published in January 2019. Dr. Narendra Kumar Singh, CIP, Ranchi, is the first editor of this journal. This Journal is an open access half yearly E-journal which will provide a platform to share scientific knowledge among Social Work Practitioners/Professionals. This Journal will also create an opportunity for the Social Work Professionals to enhance their knowledge and skills for better social work practices in health care.

The 5th Annual National Conference of AIAMSWP on "Social Work interventions in Health/Mental Health set up".

The 5th Annual National Conference of All India Association of Medical Social Work Professionals was organized on 24-25 March 2018 at Government Medical College and Hospital, Sector 32, Chandigarh. The theme of the conference was "Social Work interventions in Health/Mental Health set up".

The conference was inaugurated by the auspicious hands of Chief Guest Prof. B. S. Chavan, Director and Principal of the GMCH, Chandigarh. Prof. Ravi Gupta, Medical Superintendent, GMCH, Chandigarh was Guest of Honour.



In this two days conference nearly 200 delegates participated from all over India. The Medical Social Work Professionals from all over the country and various institutions presented more than 80 research papers orally and with posters. Out of these 80 research paper 20 research papers were presented in Three award categories, Clinical Social Work, Community Based Social Work and Students respectively. The topics covered in researches were related to the social work interventions in health, mental health and public health importance.

The key note address was delivered by Dr. B. S. Chavan on the conference theme. Three symposiums were also organized in this conference. The topics for the symposium were psycho-social rehabilitation in mental health, organ donation and transplantation, challenges and concern in psychiatric social work. Eminent speakers from various institution also delivered 7 Special lectures during the conference.

The conference concluded with a valedictory function and presentation of awards for the best research papers in various categories. Shri. S. K. Jain, Additional Director of the GMCH, Chandigarh was the Chief Guest of the function.

The organizing Chairman Dr. Kamlesh Kumar Sahu, and Organizing secretary Mr. Raghavendra Rai and their team took efforts for the success of the conference.

List of Seminar/ Conference organized by AIAMSWP

Sr no	Programme	Theme	Venue	Year
1	National Seminar	Social Work Practices in healthcare: Challenges and Innovations	PGIMER, Chandigarh	2014
2	National Seminar	"Medical Social Work Practices in Hospital Setting: Creative Interventions & Future Avenues	AIIMS, New Delhi	2015
3	National Seminar	Social Work Practices in Health Care: Emerging Health Issues Among Women	Safdarjung Hospital, New Delhi	2016
4	National Seminar	Social Work Practices in Health Care Advance Approaches and Emerging Trends	KGMU, Lucknow	2017
5	National Conference	Social Work intervention in Health/Mental Health Setup	GMCH, Chandigarh	2018

World Social Work Day Celebration at Central Institute of Psychiatry, Ranchi



World Social Work Day was celebrated by the Department Psychiatric Social Work in collaboration with All India Association of Medical Social Work Professionals at Central Institute of Psychiatry, Kanke, Ranchi on 21st March 2017 by organizing Continuing Social Work Education (CSWE) Programme. The theme of this CSWE was “Promoting community and Environmental Sustainability”.

The program was inaugurated by the Chief Guest Dr. A. R. Singh, Ex. Director & Professor of Clinical Psychology, Ranchi Institute of Neuro Psychiatry & Allied Sciences (RINPAS), Ranchi. Dr. A. Verma, Ex. Head, Department of PSW, CIP & RINPAS, Ranchi was guest of honour for this function along with Prof. CRJ Khess, Prof. Basudeb Das Chairman Organizing Committee Dr. Dipanjan Bhattacharjee, & Convener, Mr. B. D. Gautam who graced the function. All the dignitaries on the dais expressed their thoughts on World Social Work Day and CSWE Theme.

The CSWE sessions commenced with the Key note address of Prof. A. N. Singh, Professor of Social Work, M. G., Kashi Vidyapith, Varanasi. He delivered his keynote address on Community Based Rehabilitation: Role of Community and Caregivers. Dr. Sudeep Kumar, Head of Department, Department of Research & Publications, Xavier's Institute of Social Sciences, Ranchi presented his views on Human Behaviour and Environmental Sustainability. Dr. Nishant Goyal, Assistant Prof. of Psychiatry, Central Institute of Psychiatry, Ranchi, in his speech elaborated “Need for Community Based Interventions: Why it is required?”

All the deliberation and discussion during the CSWE duly reflected on the theme-“Promoting community and Environmental Sustainability”. Two concurrent scientific sessions were also organized during the Continuing Social Work Education (CSWE) Programme. In these scientific sessions 20 research papers were presented by the researcher. The CSWE concluded with valedictory function.

Activities of the South Zone Members of AIAMSWP

The south zone members of the All India Association of Medical Social Work Professional have participated in various activities through out the last year. Ms. R Srividhya, Who has become the first Zonal Secretary of the South zone for the AIAMSWP, is leading the team.

The members of the South zone organized health education activities in out-reach area on subjects like depression and other Mental Health Issues. The team also contributed during the flood disaster in Kerala actively by extending their services. They participated in various conferences at National and regional level and presented the research papers



How to become a member of AIAMSWP

You all know that All India Association of Medical Social Work Professionals was established in the year of 2009. The aim of this association is to improve the standards of service, teaching, training and research on the subject of Medical and Psychiatric Social Work at all levels. This association is dedicated to make the Professional of Medical and Healthcare Social Work more skillful as well as efficient to understand various facets and issues pertaining to Healthcare system of our country. As it is well known fact that alone we can do so little, together we can do so much for society. So, those who want to become a member of this association they have to visit on the association website i.e. www.aiamswp.in for the detail information.

Annual General Body Meeting of All India Association of Medical Social Work Professionals

Annual General Body Meeting of All India Association of Medical Social Work Professionals was conducted on 24th March 2018 at 3 pm at Government Medical College and Hospital, Sector 32, Chandigarh.

The president of the association Ms. Rashmi Sharma chaired the meeting. Dr. O. P. Giri, General Secretary of the Association presented the minutes of the last AGM held at Lucknow. He also presented the action taken report. In his speech he welcomed the new members.

Governing Body Election of AIAMSWP for 2018-2020

General Body Elections was also followed by the General Body Meeting. Dr. Anil Goswami facilitated the Governing Body Election as a returning officer. The governing body was elected unanimously. The meeting ended with vote of thanks by President of Association Ms. Rashmi Sharma.



Newly Elected Governing Body

President:

Ms. Rashmi Sharma,

Vice President:

Shri B. R. Shekhar, Dr. Santosh Kumar Upadhyay,

General Secretary:

Dr. O. P. Giri,

Joint Secretary:

Shri Sushil Kumar Mishra, Shri Aftab Alam Shah,

Treasurer:

Ms. Manpreet Kaur,

Zonal Secretary

Central Zone: Shri Akhilesh Kumar Tripathi,

East Zone: Shri Narendra Kumar Singh,

West Zone: Shri Pankaj Singh,

North Zone: Shri Raghavendra Rai,

South Zone: Ms. R. Srividhya,

North-East Zone: Dr. W. Ranbir Singh.

Executive Committee Members:

Shri N. Singh, Shri Subhasish Saha, Shri Mukesh Kumar, Shri Ajeet Kumar,
Dr. Jaswinder Kaur, Shri Shrikant Pawar, Shri Prashant Srivastava.

