

# **WORKSHOP ABSTRACT(WA)**

## **WA-1**

### **CRISIS INTERVENTION AND SUICIDE PREVENTION**

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Suicide prevention is a high priority in the National Mental Health Program. Crisis intervention thus provides opportunities for clients to learn new coping skills while identifying, mobilizing and enhancing those they already possess. Risk factors for suicide include previous suicide attempt, social stressors like financial and interpersonal problems and depression. Psychosocial interventions comprising of information on resources available for social stressors along with focused therapies derived from supportive and cognitive principles are efficacious in suicide prevention. The workshop aims to empower Psychiatrists and other Mental Health professionals with understanding about Evidence Based Assessment and Management of suicide in clinical settings.

**Keywords:** Crisis Intervention, Suicide Prevention, Mental Health